

Bassenthwaite Sailing Club

Bassenthwaite Sailing Club – Training Risk Assessment

<u>Hazards</u>	<u>Worst Outcome</u>	<u>Control Measures</u>	<u>Likelihood</u>	<u>Rating</u>
General				
Dehydration	Severe Injury	On hot days instructor to carry water on safety boat	Slight	Low
Sun Burn / Sun Stroke	Minor Injury	Sun cream offered before session and children advised to wear sun hats and sun screen	Slight	Low
Hypothermia	Fatality	Appropriate clothing issued	Remote	Low
Drowning				
Falling Out Of Boat	Fatality	Ensure correct fit and use of buoyancy aids	Remote	Low
Inadequate Fitting Buoyancy Aid	Fatality	Instructor to ensure fit and security of buoyancy aids prior to start, instructor to brief new students on use / importance and correct fit. Thorough visual check of club buoyancy aids at regular intervals	Remote	Low
Inadequate Seaworthiness Of Boat	Fatality	Inspection of boats prior to use and thorough checking at regular intervals	Remote	Low
Entrapment	Fatality	Instructors to ensure rope cutting knife and wire cutters carried on board power boats.	Remote	Low
Inadequate Safety Cover	Fatality	Use of correct ratios (instructor/powerboat : students)	Remote	Low
Capsize / Man Overboard	Fatality	Session instructor to reinforce 'stay with boat' if capsize	Remote	Low
Physical Injury				
Head contact with boom	Severe Injury	Children under 16 must wear helmet, adults at the participant's discretion	Slight	Low
Hair trapped in block	No Injury	Hair must be tied back if pupil has long hair	Slight	Low
Accidental Gybing	Minor Injury	Advice offered before session, instructors to be aware of pupil	Slight	Low
Fingers caught between boats	Minor Injury	Communication to students from instructors regarding the danger of hands and fingers over gunwhale	Slight	Low
Caught in safety boat propeller	Fatality	Engines on powerboats always turned off when close to somebody in the water	Remote	Low
Collision between safety boat and dinghy	Major Injury	All Instructors trained in safe use of powerboats - holding RYA Level 2 certificate or higher. Compulsory kill cord use.	Remote	Low

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Collision between dinghies	Minor Injury	Instructors on board inexperienced boats.	Remote	Low
Cut occurring from sharp objects	Severe Injury	Regular inspection of boats by centre principle, instructors to quick check too	Slight	Low
Beach & Slipway				
Masts falling when de-rigging	No injury	Instructor to take down masts	Slight	Low
Tripping over trolley	Minor injury	Instructors to ensure all trolleys are stored safely.	Slight	Low
Injuries during launching dinghies	Minor Injuries	Instructors should remind everyone to stay in front of the wheels and to keep everyone who is not launching / recovering a boat out of the water	Remote	Low
Lifting toppers off racks	Minor Injury	All boats stored on racks are securely tied down. When being lifted down onto trailers, Instructors are trained to work in pairs and use proper lifting procedures to avoid back injuries.	Slight	Low
Club House				
Slipping on wet changing room floor	Minor Injury	Reinforce 'Student' safety guidelines including – No running or larking about in the changing room	Slight	Low